

HIGH ENERGY DESSERTS



PRESTIGE *Professional*

Prestige Professional high-energy desserts are designed to ensure patients can maintain essential nutrition without compromising on taste or quality.

Our desserts are available in four delicious flavours— Strawberry, Lemon, Chocolate, & Vanilla



A perfect blend of indulgence & carefully crafted comfort for hospital & care home patients.

Vanilla



WHY?

At Prestige Foods, we understand that nourishing hospital & care home patients is more than just providing calories. It's about maintaining dignity, comfort, & joy for those who often find eating a challenge. Our journey began with a commitment to improve the lives of patients, working alongside healthcare professionals to create desserts that prioritise safety, taste, & nutrition.

Chocolate



No artificial colours
or flavours

*Suitable for IDDSI
Level 4

Fortified with
Essential Vitamins A,
B, C, D, E, K.



Strawberry



*IDDSI indications are intended for general
information only. Please consult with your local
SLT clinical for specific advice for your needs.

HIGH ENERGY VANILLA DESSERT PR591

INGREDIENTS Fresh Cream (**MILK**), Sugar, Mascarpone Cheese [Cream (**MILK**), **MILK** Solids, Acidity Regulator: Citric Acid; Preservative: Potassium Sorbate], Nualtra Foodlink Complete Natural [Fat Filled Milk Powder (Skim **MILK** Solids, Refined Palm Oil, Sugar, **SOYA** Lecithin, Vitamin A, Vitamin D3) Skimmed **MILK** Powder, Maltodextrin, Caster Sugar, Vitamin and Mineral Blend (Magnesium Oxide, Ascorbic Acid, Ferric Pyrophosphate, DL- α -tocopherol Acetate (Vitamin E), Nicotinamide, Phytomenadione (Vitamin K1), Zinc Oxide, Copper Gluconate, Calcium D-Pantothenate, Retinyl Acetate (Vitamin A), Manganese Sulphate, Pyridoxine Hydrochloride, Thiamine Mononitrate, D-biotin, Vitamin D3, Riboflavin, Folic Acid, Potassium Iodide, Sodium Selenite, Chromium Chloride), Flavouring], Vegetable Oils (Coconut, Palm, Rapeseed), **EGG** White Powder, Buttermilk Powder (**MILK**), Nualtra Swalloweze Clear [Maltodextrin, Xanthan Gum (E415), Erythritol (E968)], Vanilla Extract, Beef Gelatine.

Nutritional Facts:		Unit	Typical Values Per 100g	Typical Values Per 75g Serving
Energy		kJ	1749	1312
Energy		kcal	422	317
Fat		g	33	25
Of which Saturates		g	21	16
Carbohydrate		g	22	17
Of which Sugars		g	21	16
Fibre		g	0.22	0.17
Protein		g	6.9	5.2
Salt		g	0.23	0.17

HIGH ENERGY LEMON DESSERT PR590

INGREDIENTS Fresh Cream (**MILK**), Sugar, Mascarpone Cheese [Cream (**MILK**), **MILK** Solids, Acidity Regulator: Citric Acid; Preservative: Potassium Sorbate], Nualtra Foodlink Complete Natural [Fat Filled Milk Powder (Skim **MILK** Solids, Refined Palm Oil, Sugar, **SOYA** Lecithin, Vitamin A, Vitamin D3) Skimmed **MILK** Powder, Maltodextrin, Caster Sugar, Vitamin and Mineral Blend (Magnesium Oxide, Ascorbic Acid, Ferric Pyrophosphate, DL- α -tocopherol Acetate (Vitamin E), Nicotinamide, Phytomenadione (Vitamin K1), Zinc Oxide, Copper Gluconate, Calcium D-Pantothenate, Retinyl Acetate (Vitamin A), Manganese Sulphate, Pyridoxine Hydrochloride, Thiamine Mononitrate, D-biotin, Vitamin D3, Riboflavin, Folic Acid, Potassium Iodide, Sodium Selenite, Chromium Chloride), Flavouring], Vegetable Oils (Coconut, Palm, Rapeseed), **EGG** White Powder, Buttermilk Powder (**MILK**), Nualtra Swalloweze Clear [Maltodextrin, Xanthan Gum (E415), Erythritol (E968)], Lemon Flavouring, Beef Gelatine, Colour: Carotenes.

Nutritional Facts:		Unit	Typical Values Per 100g	Typical Values Per 75g Serving
Energy		kJ	1752	1314
Energy		kcal	422	317
Fat		g	33	25
Of which Saturates		g	21	16
Carbohydrate		g	22	17
Of which Sugars		g	21	16
Fibre		g	0.22	0.17
Protein		g	6.9	5.2
Salt		g	0.23	0.17

HIGH ENERGY STRAWBERRY DESSERT PR593

INGREDIENTS Fresh Cream (**MILK**), Sugar, Mascarpone Cheese [Cream (**MILK**), **MILK** Solids, Acidity Regulator: Citric Acid; Preservative: Potassium Sorbate], Nualtra Foodlink Complete Natural [Fat Filled Milk Powder (Skim **MILK** Solids, Refined Palm Oil, Sugar, **SOYA** Lecithin, Vitamin A, Vitamin D3) Skimmed **MILK** Powder, Maltodextrin, Caster Sugar, Vitamin and Mineral Blend (Magnesium Oxide, Ascorbic Acid, Ferric Pyrophosphate, DL- α -tocopherol Acetate (Vitamin E), Nicotinamide, Phytomenadione (Vitamin K1), Zinc Oxide, Copper Gluconate, Calcium D-Pantothenate, Retinyl Acetate (Vitamin A), Manganese Sulphate, Pyridoxine Hydrochloride, Thiamine Mononitrate, D-biotin, Vitamin D3, Riboflavin, Folic Acid, Potassium Iodide, Sodium Selenite, Chromium Chloride), Flavouring], Vegetable Oils (Coconut, Palm, Rapeseed), **EGG** White Powder, Buttermilk Powder (**MILK**), Nualtra Swalloweze Clear [Maltodextrin, Xanthan Gum (E415), Erythritol (E968)], Strawberry Flavouring, Beef Gelatine, Colour: Beetroot Red.

Nutritional Facts:		Unit	Typical Values Per 100g	Typical Values Per 75g Serving
Energy		kJ	1745	1309
Energy		kcal	421	316
Fat		g	33	25
Of which Saturates		g	21	16
Carbohydrate		g	22	17
Of which Sugars		g	21	16
Fibre		g	0.22	0.17
Protein		g	6.9	5.2
Salt		g	0.23	0.17

HIGH ENERGY CHOCOLATE DESSERT PR592

INGREDIENTS Fresh Cream (**MILK**), Sugar, Mascarpone Cheese [Cream (**MILK**), **MILK** Solids, Acidity Regulator: Citric Acid; Preservative: Potassium Sorbate], Belgian Dark Chocolate [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: **SOYA** Lecithin; Vanilla Flavouring], Nualtra Foodlink Complete Natural [Fat Filled Milk Powder (Skim **MILK** Solids, Refined Palm Oil, Sugar, **SOYA** Lecithin, Vitamin A, Vitamin D3) Skimmed **MILK** Powder, Maltodextrin, Caster Sugar, Vitamin and Mineral Blend (Magnesium Oxide, Ascorbic Acid, Ferric Pyrophosphate, DL- α -tocopherol Acetate (Vitamin E), Nicotinamide, Phytomenadione (Vitamin K1), Zinc Oxide, Copper Gluconate, Calcium D-Pantothenate, Retinyl Acetate (Vitamin A), Manganese Sulphate, Pyridoxine Hydrochloride, Thiamine Mononitrate, D-biotin, Vitamin D3, Riboflavin, Folic Acid, Potassium Iodide, Sodium Selenite, Chromium Chloride), Flavouring], **MILK**, Vegetable Oils (Coconut, Palm, Rapeseed), **EGG** White Powder, Buttermilk Powder (**MILK**), Chocolate Flavouring, Nualtra Swalloweze Clear [Maltodextrin, Xanthan Gum (E415), Erythritol (E968)], Beef Gelatine, Sea Salt.

Nutritional Facts:		Unit	Typical Values Per 100g	Typical Values Per 75g Serving
Energy		kJ	1709	1282
Energy		kcal	411	308
Fat		g	30	23
Of which Saturates		g	20	15
Carbohydrate		g	25	19
Of which Sugars		g	24	18
Fibre		g	0.66	0.50
Protein		g	6.9	5.2
Salt		g	0.24	0.18

Appropriate for **Level 4 Dysphagia** as per the **IDDSI** framework, our desserts help minimise choking risks while delivering **300 calories** and **5g of protein** in each serving.

Lemon



THE SCIENCE

Our desserts are not just delicious – they're developed in collaboration with occupational therapists and nutrition experts to meet rigorous healthcare standards. Fortified with essential nutrients, they comply with HSE guidelines for energy-dense diets, ensuring each serving supports patient recovery and well-being.

STORAGE

Our desserts must be stored at -18°C and consumed within 2 days of defrosting. Remove all packaging while frozen, including the food-grade cardboard disk. Thaw in the fridge, keep refrigerated, and do not refreeze.

Additional Info

Each serving is 75g & comes in a case of 24. One flavour per case.



CONTACT US

Join us in transforming patient care, one dessert at a time. Reach out today to see how Prestige Foods can meet your facility's needs, ensuring safety, nutrition, and joy with every bite.

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